

How to Defrost and Clean a Freezer

Materials:

- gloves
- boxes and baskets (laundry baskets work well)
- buckets
- cleaning rags
- baking soda
- spatulas
- old towels
- 2 - 3 large pots of boiling water
- bleach

Directions:

1. Unplug freezer.
2. Stuff old towels between outside bottom of freezer and floor at the front.
3. Put on gloves.
4. Put frozen items from freezer into boxes and baskets.
5. Put pots of boiling water on empty freezer shelves.
6. Shut freezer door for 5-10 minutes.
7. Reheat pots of water if the ice is stubborn and repeat step #6.
8. Remove pots when most of the ice is melted.
9. With a spatula, chip at stubborn ice. Catch as much ice as possible in a bucket.
10. Mop up melted water at bottom of freezer with old, clean towels.
11. Fill bucket with warm water and add 1/4 cup of baking soda. Wash the inside walls and bottom of the freezer and the inside freezer door with the water/soda mixture.
12. Shut freezer and plug it in again.
13. Put items back in freezer, reorganizing, and creating an inventory as you work.
14. Lock standing freezers. Be sure lid is sealed on chest freezer.
15. Wipe down outside of freezer with bleach/water mixture if they are dusty or mildewed.
16. Clip the new inventory to the front or top of the freezer.