

***The Caregiver's Notebook* Summary and Interview Questions**

The Caregiver's Notebook offers caregivers a helpful and portable organization tool, as well as spiritual comfort for the challenging journey of helping a loved one. Complete with calendar, space to record emergency medical and insurance information, and pockets for notes, this conveniently sized book provides practical organizational help, comforting Scripture, and thoughtful devotionals from experts Shelly Beach, Wendy Wallace, and Jolene Philo. This easy-to-use resource can help reduce the caregiver's stress and encourage dependence on God in difficult times.

1. Why did you write *The Caregiver's Notebook*?
2. What kind of caregivers will find the notebook useful?
3. What kind of information goes in *The Caregiver's Notebook*?
4. What other resources and features are found in the notebook?
5. Does it provide any other supports for caregivers?
6. Do you have any advice for caregivers who feel overwhelmed by trying to get organized?
7. Where can the notebook be found?